

# Jin Shin Jyutsu® / Acupressure



Jin Shin Jyutsu facilitates the body's profound healing capacity by balancing energy. Jin Shin Jyutsu treatments support the body, mind, and spirit through non-invasive, gentle touch that is administered while the individual is fully clothed. While similar to acupuncture and acupressure, Jin Shin Jyutsu does not use needles, pressure, or rubbing.

## Jin Shin Jyutsu can help:

- Reduce fatigue
- Increase energy
- Support each body's unique healing potential
- Support and complement other medical treatments
- Improve bodily functions
- Promote a sense of balance and harmony in body, mind, and spirit

Individuals will also learn simple self-help treatments during their session to support healing at home.

Corliss Chan is a seasoned certified practitioner of Jin Shin Jyutsu and Acupressure. Corliss has a special interest in inspiring people to actively participate in their own health and healing.

## Get a personal introduction to Jin Shin Jyutsu!

One-on-one sessions are available for \$98. Payment is due at the time of your service.

To schedule or for more information, please call 628-336-7689.